

Press Release:

FOR IMMEDIATE RELEASE:

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“Caring for Your Mind, Body & Spirit” Memory Disorder Center at St. Mary’s Medical Center and MorseLife Host 6th Annual Family Caregiver Appreciation Day

West Palm Beach, FL (October 25, 2010) – Family caregivers tend to be the unsung heroes – people whose love and dedication on behalf of a frail loved one often comes at the expense of their own time. To pay tribute to them, The Memory Disorder Center at St. Mary’s Medical Center and MorseLife will jointly host the sixth annual Family Caregiver Appreciation Day on Monday, November 15th, from 9:00 a.m. until 2:30 p.m. at Morse Geriatric Center, 4847 Fred Gladstone Drive in West Palm Beach, Florida.

The focus of the day will be “caring for one’s mind, body and spirit,” and will feature notable speakers along with a delicious breakfast and luncheon and door prizes.

Neurologist Walter Martinez, MD, FAAN, is a scheduled speaker. Dr. Martinez has been a neurologist for more than 40 years and is the Associate Medical Director for the Memory Disorder Center at St. Mary’s Medical Center, Co-Director at the Premiere Research Institute, a certified member in the Medical Society of Neuro-rehabilitation, a fellow in the American Academy of Neurology and Board Certified in the American Board of Electroencephalography, American Board of Neurology and Psychiatry, and the American Academy of Neurology and Child Neurology.

Alan Sadowsky, Ph.D., senior vice president for home and community-based services at MorseLife, will talk about the Schaffer Day Care Program which is celebrating its 20th anniversary . Dr. Sadowsky has been with MorseLife for ten years. Prior to that, he was executive director of the St. Mary’s Rehabilitation Center and before then, director of rehabilitation services for PhyMatrix.

Providing further education and entertainment will be a variety of speakers sharing techniques and insights in self-caring for the caregiver.

All family caregivers of individuals with memory loss are invited to this special opportunity for renewal, education and fun. For further information or to help us to plan for your attendance, please call The Memory Disorder Center at (561) 882-6363.

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About St. Mary's Medical Center

St. Mary's Medical Center is a 463-bed acute care hospital located at 901 45th Street in West Palm Beach. The hospital has been serving the medical and health care needs of the greater West Palm Beach area for more than 70 years. St. Mary's Medical Center offers a broad array of services, including medical, surgical, obstetrics, pediatrics, orthopedics, trauma and emergency services. St. Mary's specialty services include a pediatric trauma center, 24-hour children's emergency department, pediatric intensive care unit, comprehensive stroke center, high-risk obstetrical unit, Level III Neonatal Intensive Care Unit (NICU), Children's Hospital at St. Mary's, the Rehabilitation Institute, and the Memory Disorders Center. St. Mary's Medical Center is fully accredited by the Joint Commission, the nation's oldest and largest hospital accreditation agency.

To learn more about St. Mary's Medical Center, visit www.stmarysmc.com or call 561-844-6300